



WHAT TO BRING TO CAMP

Tops

For everyday use; should cover shoulders and midriff; no spaghetti straps, halters, tank tops or tube tops.

Shorts

For everyday use; must be mid-thigh or soccer length shorts

Blue jeans or casual pants (1 pair)

Skirt, dress, or long pants for daily Mass

Shoulders must be covered; skirts and dresses must be knee-length.

Outfit for elegant dinner

Sweatshirt or sweater

Underwear (6 pairs), socks (6 pairs)

Pajamas and robe

Modest, no spaghetti straps, no short shorts at any time

One-piece swim suit and cover-up

Cover-up is required at all times when outside of the water, and should cover shoulders, midriff and hips. Swim towel cannot serve as your coverup!

Sneakers or tennis shoes; sandals or other dress shoes

Waterproof shoes

For use at the lake and in the shower and to protect the feet from insect bites. No flip flops (Flip flops can't be used outdoors because of the bugs; however, campers are allowed to use them in the bathrooms/showers).

Sleeping bag or set of twin sheets and blanket (cabins have AC units)

Pillow and pillowcase

Bath towel/washcloths, beach towel

Sunscreen, insect repellent, flashlight, pen or pencil and notebook, water bottle or canteen

Laundry bag/plastic bag for dirty clothes, plastic bag for carrying wet items home

Toiletries

Comb/brush, shampoo/conditioner, soap, toothbrush/toothpaste, feminine care products

Glasses, contact lens solutions, if needed.

****Medications must be given directly to the camp nurse, and will be stored in the camp infirmary. Medicine must be in their original package and they have to be inside a Ziploc bag with their name on it. A signed authorization must be inside the bag with the medications.**

IMPORTANT: Every girl must bring a copy of their medical insurance card.

Optional items: Camera, musical instruments, book, games

All of the above must fit in one small suitcase or duffle bag. Please

limit any extras. Remember to label everything with your name, including socks & underwear.

WHAT NOT TO BRING TO CAMP

If it plugs in, don't bring it! This includes cell phones, iPods/music players, iPads/tablets, electronic gaming devices.

Food/candy

Two-piece bathing suits, mini shorts/skirts, crop tops, low cut tops

Note: Please be aware that after check-in all campers will proceed to the nurse's station for lice screening. Unfortunately, if lice or nits are found, the camper will not be able to stay. We encourage you to take preventive measures before coming to camp to avoid this situation.