



## **2019 PARENT GUIDE**

### **THE FACILITY**

LAKE AURORA CHRISTIAN CAMP  
237 Golden Bough Road  
Lake Wales, FL 33898  
(863) 696-1102

The camp facility has 75 acres of wooded oak forests with a freshwater, spring-fed lake. The waterfront is used for swimming, kayaks, paddleboats and canoes. Campers can also enjoy the famous "Blob" water sport on the lakefront. Sport facilities include soccer and softball fields, and basketball and volleyball courts. The cabins, dining area and meeting rooms are air-conditioned.

### **ARRIVAL AND DEPARTURE**

Campers should arrive between 2:00 and 4:00 pm on Sunday, August 4th. Girls will need to bring a packed dinner for Sunday night - please make sure that the meal is packed in a disposable bag.

The camp will conclude with a show for families beginning at 1:30 pm on Saturday, August 10th. While the girls will be served lunch on the last day, families who wish to arrive early are welcome to bring their own picnic lunches. However, we ask that all picnics finish before show time. All family members are invited to attend this closing event.

### **SWIMMING**

All campers will have the opportunity for recreational swimming. Swimming instruction will not be available, but we will have certified lifeguards on duty at the beach. To ensure the safety of each girl, only 30 girls per lifeguard will be permitted in the water at a time.



## **BOATING**

Campers who wish to use the canoes, paddle boats, or kayaks must pass a general test in swimming for skill and distance. While on the boats, campers will be required to wear a life jacket (provided by the camp).

## **CABIN ASSIGNMENTS**

One of the best adventures of summer camp is making new friends. Each cabin will house 7 to 10 campers, as well as 3 counselors/counselors-in-training. Age and school grade are taken into consideration when making cabin assignments.

## **CLOTHING**

Since this camp session is only 5 days, laundry service will not be provided. Campers will not need expensive or trendy fashions. All items must be clearly marked with the owner's name. Please limit the amount of clothes your daughter brings, as storage space is limited.

## **LOST AND FOUND**

There will be a designated area for lost and found items. Any camper who is unable to find a lost item should inform her camp counselor.

## **RELIGIOUS SERVICES**

Mass will be offered every day, as well as the Rosary, and the opportunity to receive the Sacrament of Reconciliation. Spiritual formation at camp is entrusted to Opus Dei, a personal prelature of the Catholic Church.

## **FOOD FROM HOME**

We ask that the girls not bring food or sweets from home. It attracts wildlife, and can create a "sugar high" when shared with other girls who may not be used to sweets.

## **MAIL FOR YOUR DAUGHTER**

Campers love mail! Should you wish to send your daughter a note while she is at camp, please direct mail to: Camper Name, Sandhill Camp, Lake Aurora, 237 Golden Bough Rd, Lake Wales, FL 33898. Remember, please DO NOT send sweets!



## **HOMESICKNESS**

When children are away from home for the first time, it is reasonable to assume that they may experience homesickness (of either a mild or severe form) until they become adjusted to camp and their surroundings. Homesickness is a very real thing; it is just as painful as a stomach ache or a sore back. Understanding parents realize that this is something a child may need to experience, and encourage them to see camp through to the finish. This will help her to grow in independence, which will in turn help her to develop into a self-reliant individual.

## **MEDICAL CONSIDERATIONS**

**INSURANCE:** Both Lake Aurora Christian Camp and Sandhill Camp have the requisite liability insurance. Campers are expected to have their own medical coverage.

**INFIRMARY:** Sandhill Camp will provide around-the-clock nursing services. If you need to send medicines with your child to camp, do not place them in his/her suitcase. Both over-the-counter and prescription medication must be given directly to our nurse, who will administer them as needed. All medication must be in its original containers and clearly labeled.

## **ELECTRONICS POLICY**

When girls come to camp, we do our best to eliminate the outside distractions that might keep them from fully participating in the camp experience. For this reason, campers are not permitted to bring to camp cell phones, iPods/music-playing devices, gaming devices, iPads/electronic tablets, etc. If such items are brought, they will be taken away and returned at the end of camp.

**Thank you for helping your kids to have the best camp experience possible!  
In case of emergency contact us at: (863) 696-1102**